

Rehabilitation maximizes patient health and function

We gear your recovery towards maximizing your health and function. Our highly trained rehabilitation team works one-on-one with you, helping you increase your strength and endurance, relearn previous skills, and develop new skills. In addition, our team engages with your family and caregivers, providing education and training so they can properly support you as you resume day-to-day life..

Treatment goals may include:

- Bed, chair, toilet, and tub or shower transfers
- Bladder and bowel management
- Improving balance and coordination
- Improving cognitive abilities, such as comprehension, expression, interaction, problem-solving, and memory
- Improving swallowing
- Increasing independence in daily living activities, such as dressing and bathing
- Managing medical needs
- Maximizing communication skills
- Medication management
- Mental and social adjustments
- Safe mobility with or without adaptive equipment

Treatment strategies include:

- One-on-one therapy
- Community re-entry
- Individualized, goal-directed activities

Our exceptional team includes:

- Rehabilitation physicians
- Physical therapists
- Occupational therapists
- Speech therapists
- Nurses
- Specialty physicians
- RN case managers

These experienced professionals provide a compassionate, comprehensive, and assertive program aimed at increasing independence and improving quality of life.



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MEDICAL REHABILITATION vs SKILLED NURSING FACILITY (SNF)

Understanding the difference



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What is the difference between Rehabilitation and Skilled Nursing care?

Following hospitalization for a serious illness or injury, you may face a decision on whether to continue your recovery at an inpatient rehabilitation hospital or a skilled nursing facility. Understanding how these two levels of care differ is crucial during the post-acute planning phase, as it can help you maximize your long-term recovery.

The high level of hospital care in the rehabilitation setting cannot be found at a lower care level, such as a nursing home or skilled nursing facility. Studies show that patients treated in a rehabilitation hospital have better outcomes, go home earlier, and are less likely to be readmitted to the hospital.

Some skilled nursing facilities call themselves a “rehabilitation” facility; however, they provide a lower level of service than “inpatient medical rehabilitation.”



The key differences are:

SERVICES	ACUTE REHAB	SNF
Physician Visits	7 days/week	1 visit within 1-7 days, then 1 every 30 days
Type of Physician/ Practitioner	Physiatrist (Rehab Physician) and Internal Medicine – 24-hour availability	Geriatrician, internist, family practitioner, nurse practitioner – limited availability
Specialists	All specialties readily available – Neurology, Pulmonary, Cardiology, Nephrology, etc.	Limited specialist availability
3-Night Hospital Stay Required?	Never	Always
Radiology & Lab	On site	Limited- usually contracted service
Hours of Nursing Care	6 hours direct care daily, 24-hour availability	2 – 3 hours direct care daily, primarily CNAs
Nursing Skill Mix	Professional registered nurses specializing and certified in Rehabilitation Nursing	Non-professional nursing assistants certified in long-term care with LVN and RN supervision
Nurse-to-Patient Ratio	1 Nurse per 6-7 patients	1 Nurse per 20+ patients
Level of Care	Complex medical care	Basic medical care
Typical Length of Stay	7 – 12 Days, depending on diagnosis	20 – 60 Days
Therapy Intensity	minimum 3 hours one-on-one therapy, 5 days a week	30 minutes - 2 hours daily, group therapy setting
Physical Therapy & Occupational Therapy	Registered Physical & Occupational Therapists	Physical Therapy Assistants, Aides, and Occupational Therapy Assistants deliver much of the care
Speech Therapist	Full time	Limited
Accreditation	Joint Commission Accreditation or Center for Improvement in Healthcare Quality Accreditation	None
Average Rehospitalization Rate	7-8%	20+%
Specialty Rehab Capabilities	Yes	No
Disease-Specific Certification	Yes	No
Discharge to Home/ Community	About 80%	About 40%