

PAM HEALTH

SPINAL CORD REHABILITATION PROGRAM



PROGRAM GOAL

To improve outcomes of patients with spinal cord injuries, through best practices and an interdisciplinary team approach, so they can develop the skills necessary for independent living in their homes and communities.

RELATED DIAGNOSES

- Traumatic and non-traumatic spinal cord injury
- Spinal cord dysfunction
- Laminectomy
- Paraplegia
- Viral infection of the spinal cord
- Autoimmune disorders: Transverse Myelitis, Guillain-Barré
- Cauda Equina Syndrome
- Spinal myopathy
- Lumbar myopathy
- Vascular conditions: Arteriovenous Malformation (AVM), Infarct, spinal hematoma
- Benign tumor
- Infections/abscess
- External compression myelopathies: Herniated Nucleus Pulposus (HNP), cervical spondylotic stenosis, fracture, subluxation



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RECOVERY & REHABILITATION PROGRAM

- Initial and ongoing evaluation of medical and functional status
- Interventions to identify, treat, and reduce the risk factors for conditions related to spinal cord injury and its complications
- Interventions focused on functional independence, psychological and social coping and adaptation skills, community integration and participation, services and support systems for patients and caregivers, ongoing education supporting interventions
- Individualized inpatient treatment plans with one-to-one therapy administered by clinicians experienced in rehabilitation
- Total staff commitment to assisting the patient's return to a familiar lifestyle
- Consultation by a certified orthotist
- On-site laboratory, pharmacy, and radiology
- Home and worksite evaluations as needed

TREATMENT TEAM

- Physician specializing in physical medicine and rehabilitation
- Psychology
- Specialty Physicians
- Certified Rehabilitation Registered Nurses (CRRN)
- Physical Therapist
- Occupational Therapist
- Speech-Language Pathologist
- Respiratory Therapist
- Medical Case Manager
- Clinical Dietitian
- Wound Care Specialist
- Pharmacist
- Social Services

GUIDELINES FOR ADMISSION

- Individual demonstrates an ability to benefit from an intensive physical medicine and rehabilitation program
- Referral from physician, acute care hospital, LTACH (long-term acute care hospital), skilled nursing facility, workers' compensation, or insurance company

REFERRAL INFORMATION

We accept Medicare, workers' compensation, and most insurance plans. Call Admissions to make a referral, schedule a tour, or learn more.



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